Head Start Eligibility

This memorandum provides guidance regarding amendments to the Richard B. Russell National School Lunch Act (NSLA) that extend automatic eligibility for free meal benefits to all children enrolled in Head Start and participating in child nutrition programs.

On December 12, 2007, the President signed The Improving Head Start for School Readiness Act of 2007 (Public Law 110-134) which contains several significant revisions to the Head Start program, including amendments to the eligibility criteria in section 645 of the Head Start Act (42 U.S.C. 9840). Public Law 110-134 also amends sections 9(b)(12)(A)(iii) and 17(c)(5) of the NSLA to correspond with the new eligibility criteria.

Head Start serves primarily children from families with household incomes at or below the Federal poverty level. However a small proportion of children in families with household incomes above the poverty level may be served. In the past, only those children who were income eligible for Head Start were considered automatically eligible for free meals in the child nutrition programs.

Public Law 110-134 makes any child enrolled in Head Start automatically eligible for free meals without further application or eligibility determination. Therefore, even a child who is not from a household with an income at or below the poverty level is automatically eligible for free meals if they are enrolled in Head Start. Local Education Agencies (LEAs) may now establish eligibility of all Head Start enrollees through documentation provided by the Head Start program.

All reimbursable meals served to children enrolled in Head Start may be claimed at the free rate. LEAs may submit revised claims to claim all reimbursable meals served to Head Start enrollees that were not previously claimed at the free rate. All such reimbursable meals served on December 12, 2007, and beyond may be claimed. In order to retroactively claim meals at the free rate, LEAs must refund any money they received from the families of Head Start children who were not previously eligible for free meals.

If an LEA submits a revised claim, please fax a copy of each monthly claim for reimbursement to our office. Please write "revised claim due to Head Start meals" on the top of each monthly claim. Fax the revisions to 573-526-3897, attention: Joanie Romero.

If you have any questions, call our office at 573-751-3526.